THE JOYFUL MYSTERIES

Mondays and Saturdays



1. The Annunciation of Our Lord

MEDITATION: The angel said to Mary, "You shall conceive and bear a son and give Him the name Jesus. And He will be called Son of the Most High."

Luke 1:31-32



2. The Visitation

MEDITATION: "Blessed are you among women and blessed is the fruit of your womb. Blessed is she who trusted that the Lord's words to her would be fulfilled."

Luke 1:42 & 45



3. The Nativity of Jesus

MEDITATION: While Mary and Joseph were in Bethlehem, she gave birth to her firstborn son and wrapped Him in swaddling clothes and laid Him in a manger.

Luke 2:6-7



4. The Presentation in the Temple

MEDITATION: When the day came to purify them according to the law of Moses, Mary and Joseph brought Jesus up to Jerusalem so that He could be presented to the Lord.

Luke 2:22



5. The Finding in the Temple

MEDITATION: They came upon Him in the temple sitting in the midst of the teachers, listening to them and asking them questions. All who heard Him were amazed.

Luke 2:46-47

THE SORROWFUL MYSTERIES

Tuesdays and Fridays



1. The Agony in the Garden

MEDITATION: Jesus went with them to a place called Gethsemani. He advanced a little and fell prostrate in prayer. "My Father, if it is possible, let this cup pass me by."

Matthew 26:36 & 39



2. The Scourging at the Pillar

MEDITATION: The people said, "Let His blood be upon us and upon our children." At that, he released Barabbas to them. Jesus, however, he first had scourged.

Matthew 27:25-26



3. The Crowning with Thorns

MEDITATION: They stripped off His clothes and wrapped Him in a scarlet cloak. Weaving a crown out of thorns, they fixed it on His head and began to mock Him.

Matthew 27:28-29



4. The Carrying of the Cross

MEDITATION: Jesus was led away, and carrying the cross by Himself, went out to what is called the Place of the Skull. There they crucified Him.

John 19:17-18



5. The Crucifixion and Death

MEDITATION: The curtain in the sanctuary was torn in two. Jesus uttered a loud cry and said, "Father, into Your hands I commend my spirit." After this, He expired.

Luke 23:45-46

THE GLORIOUS MYSTERIES

Wednesdays and Sundays



1. The Resurrection of Our Lord

MEDITATION: The angel spoke, "Do not be frightened. I know you are looking for Jesus the crucified, but He is not here. He has been raised, exactly as promised."

Matthew 28:5-6



2. The Ascension into Heaven

MEDITATION: He then led them out near Bethany, and with hands upraised, blessed them. As He blessed, He left them, and was taken up to heaven.

Luke 24:50-51



3. The Descent of the Holy Spirit

MEDITATION: Tongues as of fire appeared which parted and came to rest on each of them. All were filled with the Holy Spirit.

Acts 2:3-4



4. The Assumption of Mary

MEDITATION: May you be blessed, my daughter, by God most high, beyond all women on earth; and may the Lord God be blessed, the Creator of heaven and earth.

Judith 13:18



5. The Coronation of Mary

MEDITATION: A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet and on her head a crown of twelve stars.

Rev. 12:1

THE LUMINOUS MYSTERIES

Thursdays



1. The Baptism in the Jordan

MEDITATION: Jesus descends into the water of the Jordan River and is baptized by John. The heavens open and the voice of the Father declares Him the beloved Son. The Spirit descends upon Jesus in the form of a dove and fills Him with God's mission to save humankind from sin.



2. The Wedding at Cana

MEDITATION: Jesus changes water into wine at the request of Mary, who was first among believers. The disciples witness this miracle, their hearts open to the faith, and they begin to believe in Him.

John 2:1-12



3. The Proclamation of the Kingdom of God

MEDITATION: Jesus preaches the Gospel in Galilee. He proclaims that this is the time of fulfillment, for the Kingdom of God is at hand. He asks all to repent and forgives the sins of those who believe in Him.

Mark 1:15



4. The Transfiguration

MEDITATION: On Mount Tabor, the Apostles see the glory of God shining forth from the face of Jesus. The voice of the Father, coming from a cloud, says, "This is my chosen Son, listen to Him."

Luke 9:35



5. The Institution of the Eucharist

MEDITATION: At the Last Supper, Jesus offers His body and blood, under the signs of bread and wine, and washes the feet of the Apostles. He knows that Judas has betrayed Him and His hour has come. Jesus testifies to His everlasting love for each one of us by sharing the Sacrament of the Eucharist.